

ZEEA'S

EATERY

MEET EAT DRINK ♥

All Day Breakfast

EGGS ON TOAST / 13

Two all-natural eggs your way (poached, fried, or scrambled) on toasted ciabatta

+ Your extras

SMASHED AVOCADO (VEG / VO) / 22

Seeded sourdough topped with smashed avocado, fresh tomato salsa, grilled haloumi, dukkha, and olive oil served with a lemon wedge

VO: Swap haloumi for roasted mushrooms

+ Poached Egg 2.5 + Truffle Oil 2 + Truffle Hot Sauce 2

CORN FRITTERS / 22

Homemade sweet corn and fetta fritters served with two poached eggs, beetroot relish and smoked salmon with sliced avocado and asparagus + Your extras

GRANDE / 27

Ciabatta with two all-natural eggs your way (poached, fried, or scrambled) with roasted mushroom, grilled tomato, avocado, crispy bacon, chorizo, spinach and two hash browns

BREAKFAST BRUSCHETTA / 22

Ciabatta with caramelized onion, two poached eggs, grilled tomato and crispy bacon topped with rocket, balsamic glaze, and shaved parmesan

+ Truffle Oil 2 + Truffle Hot Sauce 2

FUEL ME UP BURGER / 16

Toasted milk bun with a fried egg, crispy bacon, hash brown, double cheese and BBQ sauce

EGGS BENNY / 22

Freshly toasted croissant topped with 2 poached eggs, sautéed spinach and hollandaise sauce, with your choice of crispy bacon or haloumi // or Salmon + 2

MUESLI BOWL (VEG) / 16

SA Boss Granola bee sting topped with natural yoghurt fresh banana and honey + Your choice of milk

OMELETTE / 16

Build your own omelette / All natural eggs with your choice of additions served with ciabatta toast

+ Cheese 1

+ Ham 2

+ Onion 1

+ Cherry Tomatoes 1

+ Mushrooms 1

+ Bacon 2

+ Spinach 1

+ Roast Capsicum 1

+ Truffle Oil 2

+ Truffle Hot Sauce 2

BUTTERMILK PANCAKES (VEG) / 20

House made buttermilk pancake stack with your choice of topping:

• CLASSIC

Maple syrup, berries and mascarpone

• CHOCOLATE INDULGENCE

Nutella, hazelnuts and chocolate gelati

FRENCH TOAST DELIGHT (VEG) / 22

Raisin French toast with your choice of topping:

• CLASSIC

Maple syrup, berries and mascarpone

• CHOCOLATE INDULGENCE

Nutella, hazelnuts and chocolate gelati

T&M FRUIT BOWL (VEG) / 17

Mix of seasonal fruit topped with yoghurt and honey

Your Extras

+ Egg (P/S/F)

+ Crispy Bacon

+ Chorizo

+ Haloumi

+ Salmon

+ Spinach

+ Mushrooms

+ Hashbrowns

+ Avocado

+ Tomato

+ Corn fritter

+ Hollandaise

+ Extra Tomato Sauce

2.5

6

6

6

6

4

4

4

4

4

4

2

1

TOAST & CONDIMENTS / 8

Two slices of toast served with butter

+ Your choice of condiments.

TOAST

CONDIMENTS

+ Ciabatta

+ Seeded Sourdough

+ Raisin Toast

+ GF Toast

+ White Sliced

+ Wholemeal Sliced

+ Honey

+ Apricot Jam

+ Blueberry Jam

+ Strawberry Jam

+ Vegemite

+ Nutella

Hand Helds

STEP 1: CHOOSE YOUR BREAD:

- FOCACCIA
- WRAP
- GLUTEN FREE BUN / 3

FRESH OR TOASTED

STEP 2: CHOOSE YOUR FILLINGS:

BREKKY / 15 Scrambled egg, crispy bacon, baby spinach, cheese, and BBQ sauce	VEGETARIAN / 15 Roasted pumpkin, roasted capsicum, grilled eggplant, fetta, wild rocket, and basil pesto.
O.G TURKEY / 15 Smoked turkey, cranberry sauce, roasted capsicum, camembert cheese and baby spinach	HAM / 15 Leg Ham, sliced tomato, cheese, mixed lettuce, avocado, Spanish onion, and mayo
CHICKEN / 15 Crumbed or grilled chicken, tomato, avocado, lettuce, mozzarella, relished mayo	B.L.A.T / 15 Crispy bacon, lettuce, avocado, tomato, mayo
TURKEY ITALIANO / 15 Smoked turkey, sundried tomato, bocconcini, wild rocket and basil pesto	SALAMI / 16 Salami, roasted capsicum, sundried tomato, mozzarella, Spanish onion, rocket, and mayo

+ Add Basket of Potato or Sweet Potato Chips / 3

Pasta

RIGATONI RAGU / 19 Rigatoni in a tomato sugo with braised tender beef topped with shaved parmesan.
SPAGHETTI ROSE / 21 Spaghetti in a rose sauce with chorizo, tomato, spinach, pine nuts, spring onion, garlic and Bippi chilli.

Sides

GARLIC BREAD (3)	10
BOWL OF POTATO CHIPS	8
BOWL OF SWEET POTATO CHIPS	8

Burgers & Mains

MICKY C'S BURGER / 18
Beef patty in a milk bun with cheese, tomato, lettuce, pickled onions, gherkins and tomato relish served with a side of potato or sweet potato chips + Crispy Bacon 2

CHICKEN BURGER / 18
Grilled chicken in a milk bun with sliced cheese, avocado, oak lettuce and garlic aioli served with your choice of potato or sweet potato chips + Crispy Bacon 2

VEGGIE BURGER (VEG / VO) / 18
Grilled mushroom in a milk bun with beetroot relish, sliced avocado, sliced tomato, vegan mayo and baby spinach served with your choice of potato or sweet potato chips
VO: Swap milk bun for focaccia

FISH & CHIPS / 25
Beer battered or grilled fish fillets served with potato chips, garden salad, lemon, and tartare sauce

CHICKEN SCHNITZEL / 23
Nonna's crumbed chicken schnitzel served with garden salad and potato chips with your choice of:
+ Gravy 2 + Mushroom Sauce 2 + Parmi 3

Salads

ROAST VEGGIE SALAD (VEG) / 16
Baby spinach with roasted pumpkin, toasted pine nuts, roast capsicum, roast eggplant, and haloumi with a basil pesto dressing + Grilled Chicken 5

CAESAR SALAD (GFO) / 19
Grilled chicken with cos lettuce, crispy bacon, poached egg, shaved parmesan, and croutons in a mayo dressing
+ Anchovies 1.5
GFO: Ask for no croutons!

CHICKEN & HALOUMI SALAD (GF) / 20
Grilled chicken, fresh avocado, mixed lettuce, grilled haloumi, Spanish onion, cherry tomatoes, and toasted almonds in a honey mustard dressing

Breakfast

GLUTEN FREE OPTIONS AVAILABLE - PLEASE ASK OUR FREINDLY TEAM!

KIDS OMELETTE / 11

Ham + cheese omelette with ciabatta

KIDS BUTTERMILK PANCAKE (VEG) / 9

House made buttermilk pancakes with mixed berries and maple syrup

KIDS SMASHED AVO / 9

Seeded sourdough, smashed avocado, cherry tomatoes, olive oil

KIDS EGGS ON TOAST / 7

Egg your way with ciabatta + Your extras

EXTRAS

+ bacon 1.5

+ tomato 1.5

+ avocado 1.5

+ mushroom 1.5

+ hash brown 1.5

+ spinach 1.5

Lunch

KIDS CHEESEBURGER / 11

milk bun, beef patty, double cheese, tomato sauce, potato chips

KIDS CHICKEN BURGER / 11

Milk bun, grilled chicken, double cheese, tomato, lettuce, relish mayo, potato chips

KIDS RIGATONI NAP (VEG) / 9

Rigatoni, tomato sugo, parmesan

KIDS NUGGETS & CHIPS / 9

Crumbed chicken breast nuggets, potato chips, tomato sauce

KIDS SCHNITZEL & CHIPS / 11

crumbed chicken breast, potato chips, tomato sauce

KIDS FISH & CHIPS / 11

piece of battered or grilled fish, potato chips, tomato sauce

Drinks

SMALL MILKSHAKE / 5

MAKE IT LARGE / 9

Chocolate / Banana / Caramel / Strawberry
Lime / Vanilla

SMALL JUICE / 5

MAKE IT LARGE / 6

Apple / Pineapple / Orange / Watermelon

SMALL SMOOTHIE / 5

MANGO SPLICE

Mango, orange juice, ice cream, yoghurt and honey

PEANUT BUTTER

Banana, maple syrup, natural peanut butter and cinnamon with your choice of milk

HAZELNUT DELIGHT

Nutella, choc hazelnut protein powder, banana and ice cream with your choice of milk.



DRINKS MENU

Smoothies

+ 50c for Alternative Milks
Almond / Oat / Macadamia / Soy / Coconut / Zymil

- MANGO SPLICE / 9.5
Mango, orange juice, ice cream, yoghurt and honey
- PEANUT BUTTER / 9.5
Banana, maple syrup, natural peanut butter and cinnamon with your choice of milk
- BERRY CHOC PROTEIN / 10
Mixed berries, choc hazelnut protein powder, chocolate gelati and maple syrup with your choice of milk
- HAZELNUT DELIGHT / 10
Nutella, choc hazelnut protein powder, banana and ice cream with your choice of milk.
- MATCHA / 10
Matcha, mango, honey and yoghurt with your choice of milk

Iced Drinks

- ICED CHOCOLATE / 9
Chocolate gelato, tweedvale full cream milk, chocolate powder, chocolate sauce
- ICED COFFEE / 9
Vanilla gelato, tweedvale full cream milk, double espresso, vanilla syrup

Soft Drinks

- Famous Soda Lemon (SF) / 5
- Famous Soda Passionfruit (SF) / 5
- Famous Soda Blood Orange (SF) / 5
- Famous Soda Ginger Beer (SF) / 5
- Famous Soda Pink Lemonade (SF) / 5
Sugar Free (SF)
- Coke / 4.5
- Coke No Sugar / 4.5
- Chinotto / 4
- Sprite / 4.5
- Fanta / 4.5
- Lemon Lime Bitters / 6

Frappes & Milkshakes

SMALL 5 / LARGE 9 Make it a thickshake +1

Chocolate / Banana / Caramel / Strawberry
Lime / Vanilla / Mocha / Coffee

Cold Pressed Juice

- TROPICALE / 9
Strawberry, pineapple, watermelon
- GREEN LEMONADE / 9
Apple, cucumber, kale, spinach, lemon
- REFRESH / 9
Orange, apple, carrot, ginger, lemon
- MINTY / 8
Apple, orange, mint
- PINE LIME / 8
Pineapple, cucumber, lime
- ALOHA / 8
Watermelon, pineapple, lime

CREATE YOUR OWN JUICE COMBO

Select a minimum of 3 items to add to your cold-pressed juice. Made specially for your taste buds! / 9

- + Apple
- + Watermelon
- + Cucumber
- + Orange
- + Strawberry
- + Kale
- + Pineapple
- + Carrot
- + Spinach
- + Lemon
- + Ginger + 1
- + Mint

SINGLE JUICE / 6

- Apple / Watermelon / Orange
- Pineapple / Carrot

Coffee

	CUP	MUG
Espresso	4	
Macchiato	4.2	
Piccolo	4.6	
Half Latte	4.6	
Cappuccino	4.8	5.8
Flat White	4.8	5.8
Latte	4.8	5.8
Iced Latte	4.8	5.8
Long Black	4.8	5.8
Iced Long Black	4.8	5.8
Mocha	5.5	6.5
Chai Latte	5.5	6.5
Matcha Latte	5.5	6.5
Hot Chocolate	4.8	5.8
Belgian Milk (GF) or		7.5
Dark Chocolate (V/GF) Stirrer		
Decaf	0.5	
Extra Shot	0.5	
Syrup	1	
Vanilla / Caramel / Hazelnut		

Milk

+ 50c for Alternative Milks

Almond Soy
Oat Coconut
Macadamia Zymil

Tea Pots

- English Breakfast 5
- Earl Grey 5
- Green 5
- Peppermint 5
- G.L.E.W 5
- Chamomile 5
- Chai 5
- Dark Chocolate 5

Tea for Two +2



ALCOHOLIC DRINKS

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EATERY

Bubbles

BORGA PROSECCO EXTRA DRY DOC / 10 // 44
(VENETO, ITA)

Pale yellow colour with a light consistency, the effervescent carbonation releases small but persistent bubbles. Deep flourish aroma with traces of white fruits, especially apple

SPRINGTON HILLS MOSCATO / 10 // 44
(EDEN VALLEY, SA)

Citrus flavour and a crisp finish make this moscato a perfect compliment for any occasion. Hand picked, gently pressed and fermented until the right balance of fruit, acid and sugar was achieved. Fresh and fruity with a gentle fizz; Serve chilled and enjoy while young and vibrant

Rose

SPRINGTON HILLS SOPHIE'S BLUSH ROSE / 9 // 39
(EDEN VALLEY, SA)

Parcels of fruit were selected by the winemaker for their flavour, colour & sugar levels. The grapes were hand-picked, followed by destemming & crushing but contact with the skins were kept to a minimum to create a classic Rose tin. The palate is lively, textured & integrated with an array of berry & cherry flavours with a hint of spice

White

BELLINI MANB-O BIANCO / 7 // 29
(TOSCANA, ITA)

The wine has a brilliant straw yellow colour with some golden highlights, it is limpid and with a medium consistency. The fragrance is characterised by fresh floral notes of jasmin & hawthorn. Citrus notes of orange & mandarin

SPRINGTON HILLS ELIZA RIESLING / 9 // 39
(EDEN VALLEY, SA)

This hand-picked riesling shows lovely floral aromatics & fresh, tangy crispness, that showcase the wonderful mineral acidity typical of the Eden Valley Rieslings. As they mature, these flavours soften & honey with age

SPRINGTON HILLS UNWOODED CHARDONNAY / 9 // 39
(EDEN VALLEY, SA)

This hand-picked chardonnay shows one varietal characteristics with a distinctive mineral acidity typical of white wines from the Eden Valley region

MEET EAT DRINK ♥

Red

BELLINI MANB-O CHIANTI / 7 // 29
(TOSCANA, ITA)

A very clear wine with a crystalline violet red colour & beautiful purple highlights. The nose is characterised by floral notes of violet, red roses, honey suckle, raspberries & strawberries. The wine is soft & very easy to drink

SPRINGTON HILLS ROCK RIDGE SHIRAZ / 10 // 44
(EDEN VALLEY, SA)

This shiraz is deep & dark with a strong bouquet of dark berry fruit, anise & a hint of Eucalypt. This wine though high in alcohol is balanced in fruit, tannins, acids & oak

SPRINGTON HILLS HARVEY'S BLEND / 11 // 49
(EDEN VALLEY, SA)

Deep crimson in colour, this wine is led by the Grenache with aromas of spiced fruit, blackcurrants and black cherries, this goes hand in hand with the aromatic, tannin and low acidity of the Montepulciano and the minty chocolate taste of the Cabernet

CPR CABERNET SAUVIGNON / 11 // 49
(EDEN VALLEY, SA)

Vibrant red-ruby in colour, with aromas of redcurrants and blueberries. These berry fruits are underlined by subtle hints of dark chocolate. The palate displays more Eden Valley characteristics with blackberries, cedarwood and dark spices

Beer & Cider

PERONI RED PALE LAGER 4.7% 330ml / 7
(ROMA, ITALY)

CORONA EXTRA 4.5% 355ml / 8
(MEXICO)

HEINEKEN 5.0% 330ml / 7
(AMSTERDAM, NETHERLANDS)

CASCADE PREMIUM LIGHT 2.4% / 7
(TASMANIA, AUSTRALIA)

MISMATCH SESSION ALE 4.0% / 11
(SOUTH AUSTRALIA, AUSTRALIA)

STRONGBOW CLASSIC APPLE CIDER 5% / 8
(CARLOTON & UNITED, NSW)



GLENUNGA 8338 4033 BRICKWORKS 8443 4352
GOLDEN GROVE 8289 2001



EST 1978
TONY & MARK'S
A FAMILY TRADITION